

„Handicraft“

Osteopathic Manual Therapy

Using our hands, we examine bones, muscles, and joints and their interaction with each other. Dysfunctions and blockages can be treated employing this gentle technique.

Osteopathic Medicine understands the relationship between internal organs and dysfunction within the musculoskeletal system. We will also involve other Traditional Chinese Medicine therapies when called for.

and

Acupuncture and Moxibustion

The best-known form of Traditional Chinese Medicine therapy consists of the stimulation of acupuncture points with needles, accompanied by burning medicinal herbs. Acupuncture can be utilized for almost all health disorders. It is particularly useful for dysfunction in the musculoskeletal system, aching joints, sciatic pain and muscular tension.

Traditional Chinese Medicine

Dietetics

From the Chinese perspective, there is no diet that is appropriate for everyone. The functioning state of each individual's body determine the type of food which should be consumed. Meaning you won't be confined to eating rice and tofu. We create an individual nutrition plan for you, using locally available foods.

Herbal Therapy

If no improvement occurs, despite a healthy diet, we employ Chinese medicinal herbs to address internal organ disorders. We combine individual teas based on each patients' specific situations. After one week, the effectiveness will be evaluated and tea mixture adjusted if necessary.

Gentle Medicine

中医

**Dr. J. Kleinhenz
Dr. A. Ghazi-Idrissi**

Private practice focusing on:
Traditional Chinese Medicine and
Osteopathic Manual Therapy

Office hours by appointment only
To avoid waiting please contact us by phone.
Please don't hesitate to leave your name and
number on our answering machine, we will
gladly return your call.

**Additional Designations assigned by
the Medical Association:**

Acupuncture
Chiropractics
Naturopathy

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Treatment costs

The current health care situation doesn't provide a way for us to bill your insurance company. Private health insurance companies and supplemental policies typically cover your treatment costs. All invoices, whether for those privately insured or publically insured, are based on the official scale of fees for doctors (GOÄ). Private insurance companies and supplemental policies guarantee only the reimbursement of acupuncture in our practice. Supplemental policies for alternative medicine will only reimburse treatment if in your contract it states, "Treatment by doctor for alternative medicine".

By car

Your navigation device will bring you to the REWE supermarket. Drive into the REWE parking lot and at the end turn left. Upon reaching the big Yin-Yang sign you will find parking specifically for the practice. A small staircase leads you through the garden to our front door.

By bus

From Wiesbaden central station take bus No. 170 to stop „Am Klingenberg“. Between the restaurant "Baumstammhaus" and office building Pressehaus follow the ramp down and you will see us on your right, before the ramp going up.

Excerpt from the Official Scale of Fees for Doctors (GOÄ)

Code	Description	Euro
1	Consultation	10,72
831	Vegetative Examination/ Chinese Medical History	10,72
3	Extensive Consultation	20,10
30a	Survey of Medical History for TCM according to complexity	52,46 bis 120,66
5	Symptom related Exami- nation	10,72
7	Complete Examination of one apparatus	21,46
3306	Chiropractic intervention/ Manuel Therapy	19,85
515	Extension treatment (additionally to Manuel Therapy)	3,99
269a	Acupuncture (20 minutes)	46,92
747	Placement of fire cups	5,91
521	Massage of multiple areas	6,82
523	Fire cup massage	6,82
538	Infrared lamp	2,33
70	Medical report/certificate	5,36
76	Dietetic Consultation	9,38
33	Dietetic Consultation > 20 min	40,23

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Information